



**Week Two**

**By Deanna Rhinehart**

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**CHAMPIONEERS!**

# CAVEMAN ROCK

## Family Night Adventure #2

### Copycat-Chameleons

- **Key:** Leaders are Confident
- **Concept:** Conformity
- **Workbook:** pages 12-15
- **Sing-Along CD:** Quarry Rock

### Activity

- Dino-Dough
- For those children who love to dress up, make some fun caveman costumes by using scraps of animal print fabric to make a waist wrap or a shoulder tie tunic.

### Family Night Agenda

1. Family Night "Roll" Call
2. Review
3. **Video:** Lesson #2 Conformity
4. **Storytime:** The Pressure of Conformity
5. **Discussion:** Workbook pages 12-15
6. **Activity:** Dino-Dough Race
7. **Video:** Episode #2 Fishing Makes...
8. Review
9. **Leadership Challenge:**  
Make Dino-Dough

### Food Idea

- Dino Nachos and Swamp Dip

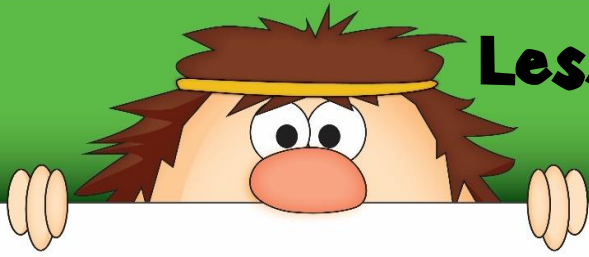
### Materials

- Play dough

### In a Nutshell

Your family will learn about conformity and the role peer pressure plays in it. Make Dino-Dough and discuss how we can be pressed as people into different actions just like dough can be pressed into different forms.

# Lesson Two - Quick View



	<b>ACTIVITY</b>	<b>OBJECTIVE</b>	<b>ACTION</b>
<b>1</b>	Family Night "Roll" Call	Set the tone for your home	Pass out cookies (Family Night Treats), hot cocoa and latte's. Breathe and share week highlights.
<b>2</b>	Review	What have we learned?	Comparison lesson
<b>3</b>	Bonus Video: Chameleon	Introduction to peer pressure. Copycats	Bonus Chameleon video. Discussion: How people can be molded to resemble those around them.
<b>4</b>	Discussion	Conformity Workbook 12-15	I'll be me and you be you. Conformity.
<b>5</b>	Video: Episode #2	To identify how we want to be like others	Fishing Makes the World go 'round
<b>6</b>	Activity Video: Lesson #2	Dino-Dough	Watch Dino Dough then make it.
<b>7</b>	Storytime	Visual and audio reinforcement	Fishing Makes the World go 'round
<b>8</b>	Review	Reinforce concepts	What do we know? What did we learn tonight?
<b>9</b>	Leadership Challenge	Reinforcement and internalization	Leaders are confident in who they are. Make Dino-Dough and share the lesson of the chameleon with others.
<b>10</b>	Sing-Along CD	Reinforcement and internalization	Quarry Rock

# Lesson Details

## 1. Family Night “Roll” Call

Enjoy your hot cocoa and cookies

## 2. Review

What have we learned so far? Review story and concepts we’ve learned so far.

**LESSON CLICK-CLASS**

## 3. Bonus Video Chameleon

Enjoy this AMAZING video!

<https://www.youtube.com/watch?v=KMT1FLzEn9I>

## 4. Discussion

### The Pressure of Conformity

Workbook pages 12-15. Discuss how chameleons change their color depending on what they’re around. Share that people can be like that too...not our skin changing, but how we act can change. It’s easy to conform to those you spend the most time around.

Ask yourself:

- “How do my friends affect me?”
- “How do my friends affect me?”
- Do they influence me for the better, or for the worse?”
- “Do my friends make good choices, or not very good choices?”
- Do I want to act like them?”



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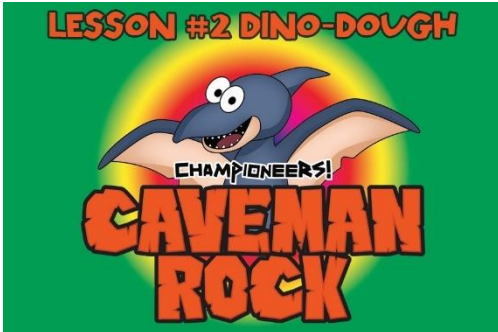
**ADVENTURE THEATER**

## 5. Video: Episode #2

**Fishing Makes the World Go ‘Round**

## LESSON CLICK-CLASS

### 6. Video: Lesson #2 Dino-Dough



#### Activity: Dino-Dough Race

Have a student volunteer come up to demonstrate conformity using Dino-Dough. Have the student use the Dino-Dough to make a rock in 20 seconds, then hold it up so everyone can see it. Now, have the students make the dough into a snake. Show the rest of the class. Ask the student if the Dino-Dough is easy or hard to squish into new things. Easy! Al-x, and all of us, are like Dino-Dough...it's easy for us to conform to what's around us, so let's choose friends who help us be our best selves.

### 7. Storytime

*This is an extremely important part of the story. Tell it with great emotion and allow your children to respond.*

### 8. Review

- What do we know? What did we learn tonight?
- Review conformity and how we become who we hang around.
- Make a big deal about the next part of the story! KEEP IT A SECRET AND BUILD SUSPENSE!

## LEADERSHIP CHALLENGE

### 9. Leadership Challenge Dino-Dough

Encourage students to make Dino-Dough at home and share with their parents what they learned about copying others. When is it good, and when is it bad?