



Week Four

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CHAMPIONEERS!
CAVEMAN ROCK

Family Night Adventure #4

The “Tug-of-War”

- **Key: Leaders Take a Stand**
- **Concept: Resist the Pull**
- **Workbook:** pages 20-23
- **Sing-Along CD:** Sabertooth Tiger and Fish Around the Rock

Family Night Agenda

1. Family Night “Roll” Call
2. Review
3. **Video:** Object Lesson #4 Tug-of-War of peer pressure
4. **Storytime:**
5. **Discussion:** Workbook pages 20-23
6. **Activity:** Tug-of-War
7. **Video:** Episode #4 Fishing to Win
8. Review
9. **Leadership Challenge:**
Take a Stand

Activity

- Tug-of-War

Food Idea

Materials

- Rope

In a Nutshell

Demonstrate to your children the “tug-of-war” of peer pressure and the way to stop it is to walk away. Watch episode #4. Discuss Al-x’s dilemma. Ask students what Al-x should do?



Lesson Four - Quick View

	ACTIVITY	OBJECTIVE	ACTION
1	Family Night "Roll" Call	Set the tone for your home	Pass out cookies (Family Night Treats), hot cocoa and latte's. Breathe and share week highlights.
2	Review	What have we learned?	Magnetic Kindness.
3	Video: Episode #4	The pressure to win	Fishing to Win
4	Discussion	Standing for what is right. Workbook 20-23	Peer pressure only affects you when you care more about what others think than what you think.
5	Video: Lesson #4	The Tug-of-War	Demonstration of the Tug-of-War of Peer Pressure.
6	Activity	Tug-of-War Game	Demonstrate the pull of peer pressure through the game of tug-of-war.
7	Storytime	Visual and audio reinforcement	Fishing to Win
8	Review	Reinforce concepts	What do we know? What did we learn tonight?
9	Leadership Challenge	Reinforcement and internalization	Leaders take a stand for truth and walk away from compromising situations. Practice walking away from bad or harmful situations.
10	Sing-Along CD	Reinforcement and internalization	Sabertooth Tiger and Fish Around the Rock

Lesson Details

1. Family Night “Roll” Call

Enjoy your hot cocoa and cookies

2. Review

What have we learned? Review story and concepts we’ve learned so far.

ADVENTURE THEATER

3. Video: Episode #4

Fishing to Win

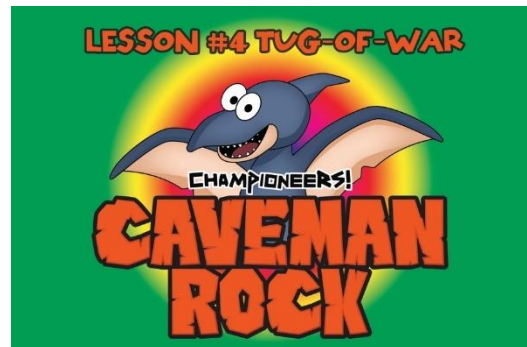
4. Discussion: The Tug-of-War of Peer Pressure

Peer pressure can sometimes feel like a tug-of-war between right and wrong. Have you ever been in a situation when everyone wanted to do something that didn’t feel right? Leaders don’t go along with the crowd. They are not pulled into situations that compromise their integrity or character. Leaders stand for their convictions and refuse to play tug-of-war between what is right and wrong. Show students the following activity to demonstrate how leaders take a stand by refusing to play peer pressure games.

LESSON CLICK-CLASS

5. Video: Lesson #4

Tug-of-War



6. Activity: Tug-of-War

Divide your family into two equally matched teams and have them stand on each side of a line to play tug-of-war. Ask them which team they think will win. You can play standing up to get your energy out, but if you are inside an easy way to adapt this game is to pull while sitting down. Now, rearrange your teams so they are no longer evenly numbered or balanced. Now, which side do you think will win? Peer pressure can feel like tug-of-war when you are the only one not doing what all the other kids are doing. The way to stop peer pressure is to refuse to play its game. Leaders take a stand for what is right and walk away from what is wrong.



7. Storytime Tug-of-War

8. Review

- What do we know?
- What did we learn tonight?
- Know when to take a stand and walk away.
- Make a big deal about the next part of the story! KEEP IT A SECRET AND BUILD SUSPENSE!

LEADERSHIP CHALLENGE



9. Leadership Challenge

This week, practice taking a stand when you see an injustice, and walking away from bad situations or conversations that you might otherwise feel pressured into. Then tell your teacher or parents how you practiced being a leader. They'll be so proud of you.

